

### Community Learning Disability Service

A service provided by Hertfordshire Partnership Foundation Trust. See their website for more details

Apsley 1 Building, Brindley Way, Hemel Hempstead, Hertfordshire, HP3 9BF

☎ 01442 454444

<http://www.hpft.nhs.uk/our-services/area-directory-and-contacts/hemel-hempstead/>

## Key contacts for adults with learning disabilities

### Jarman Day Centre

Service for adults with learning disabilities. A place to go to make friends, learning something new or build on existing skills. A trained team will help with a multitude of mobility levels.

The Jarman Centre, Old Crabtree Lane, Hemel Hempstead, HP2 4JW

🕒 Monday- Friday 9:00am- 4:00pm

☎ 01442 255903

✉ [jarman.dayservice@hertfordshire.gov.uk](mailto:jarman.dayservice@hertfordshire.gov.uk)

🌐 <http://www.hertsdirect.org/services/healthsoc/supportforadults/leisurework/resourceday/daycentres/dacodayserv/>

### Hightown Praetorian and Churches Housing Association

Hightown provide supported living options to adults with learning difficulties that want to live independently. They assist where necessary with tasks like booking appointments, shopping, finding a job and keeping in touch with family and friends.

Hightown House, Maylands Avenue, Hemel Hempstead, Hertfordshire, HP2 4XH

☎ 01442 292300

✉ [housing.services@hightownha.org.uk](mailto:housing.services@hightownha.org.uk)

🌐 <http://www.hpcha.org.uk/>